

THE Pecan Ridge Lifestyle



PECAN RIDGE
SENIOR LIVING AT EASE

Like Us!  

MEMORY CARE COMMUNITY

10025 Anderson Mill Road • Austin, TX 78750 • (512) 487-5243 • www.pecanridgememorycare.com

DECEMBER 2023

Resident of the Month



Joan is such a nurturing angel! She cares for people, and is an inspiration for most anyone she encounters! Joan was blessed with a wonderful son, Andrew, and brought him up to be a very intelligent man! Thank you for your bright and spunky attitude! We love you Joan, congratulations!



The Joy of Simple Things

A whirlwind of sights and sounds, the holiday season is often a busy time. But there's much joy and meaning to be found in the quieter moments as well.

Treats. Certain foods taste better around the holidays, don't they? Whether it's a sip of eggnog or a bite of decadent fudge, savor the moment as a mini celebration.

Decorations. Setting out some seasonal items can instantly put you in a festive mood. By placing a treasured keepsake in a spot where you'll see it every day, you can stir up warm feelings of comfort and joy.

Crafts. Winter is often peak crafting season. If the weather outside is frightful, you can delight in creating a homemade gift or jolly decoration. Take pride in using your hands and putting love into your work.

Music. Listening and singing along to your favorite holiday tunes is a simple pleasure that many folks enjoy. When you hear a song that's special to you, close your eyes and focus on the words and melody.

Phone a Friend

Dial a pal on Dec. 28, National Call a Friend Day.



**DECEMBER
2023**

3 Things You Need To Know

Football season is underway, so make sure you're familiar with a few common terms you'll probably hear while watching a game:

1) *Fair catch.* A player in position to receive a punt signals for a fair catch by raising his arm above his head and waving it. Once a fair catch is signaled, the receiver cannot advance the ball, and the other team's players are not allowed to tackle him.

2) *Lateral*. A pass that goes sideways or backward is called a lateral. A team can lateral as many times as it likes on a play, and laterals can occur anywhere on the field.

3) **Shift.** The movement of two or more offensive players at the same time before the football is snapped is called a shift.

From the Heart

"It isn't the size of the gift that matters, but the size of the heart that gives it." — Eileen Elias Freeman

**"Bells are music's
laughter."
—Thomas Hood**

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
													
Christmas Tree Week Begins 3 9:30 Sunday Worship Music 🎵 10:00 Church Service 🏛️ 11:00 Daily Chronicle 📖 1:30 Board Game Workshops 🎲 2:30 Balloon Toss 3:30 Truth Or Dare ❤️		Naughty or Nice Day 4 9:30 Morning Stretch 🧘 10:00 Pecan Ridge Music Club 🎵 11:00 Daily Chronicle 📖 1:30 Bingo ❤️ 3:00 Movie And Popcorn ❤️ 3:30 Manicure Monday (All Day)		Walt Disney Day 5 9:30 Morning Yoga 🧘 9:30 Therapy Pet Pals 10:30 Pastor Bob Sermon 11:00 Daily Chronicle 📖 1:30 Afternoon Trivia 🏆 2:30 Ice Cream Social ❤️ 3:30 Sing Along/ Finish That lyric 🎵		St. Nicholas Day 6 9:15 Tai Chi W/ Ayumi 🧘 10:00 Liz And Children 🎵 11:00 Daily Chronicle 📖 1:30 Lifelong Learning 📖 3:30 Acting Club 🎭 4:00 Pool Noodle Balloon Toss ❤️		Hanukkah Begins at Sundown 7 9:30 Morning Stretch 🧘 10:00 Devotions 🏛️ 11:00 Daily Chronicle 📖 1:30 Arts And Crafts 🎨 2:30 Wheel Of Fortune! 🎰 3:30 Indoor Mini Golfing 🧠 4:00 Poem Club! ❤️		Peppermint Bark Day 1 9:30 Zumba 🧘 10:15 Chronicles 📖 11:00 Nail And Spa Day ❤️ 1:30 Dance Club 🧘 2:30 Chef's Cooking Show ❤️ 3:30 Karaoke Happy Hour 🎵		Social Saturday 2 9:30 Walking Club! 🧘 10:00 Coffee Social ☕ 10:30 Indoor Gardening ❤️ 11:00 Daily Chronicle 📖 1:30 Aromatherapy 📖 1:30 National Charity League NCL ❤️ 2:30 Pecan Ridge Music Club 🎵 3:30 Bingo ❤️	
World Choral Day 10 9:30 Sunday Worship Music 🎵 10:00 Bowling 🧺 10:00 Church Service 🏛️ 11:00 Daily Chronicle 📖 1:30 Board Game Workshops 🎲 2:30 Balloon Toss 3:30 Comedy Hour ❤️		Green Monday 11 9:30 Morning Yoga 🧘 10:00 Pecan Ridge Music Club 🎵 11:00 Daily Chronicle 📖 1:30 Bingo ❤️ 3:00 Movie And Popcorn ❤️ 3:30 Manicure Monday (All Day)		Breath Mint Day 12 9:30 Morning Yoga 🧘 10:30 Pastor Bob Sermon 11:00 Daily Chronicle 📖 1:30 Afternoon Trivia 🏆 2:30 Gingerbread House Party! ❤️ 3:30 Sing Along/ Finish That lyric 🎵		Winter Wonderland Wednesday 13 9:30 Chair Dance Exercise! 🧘 10:00 Liz And Children 🎵 11:00 Daily Chronicle 📖 1:30 Lifelong Learning 📖 3:30 Acting Club 🎭 4:00 Pool Noodle Balloon Toss ❤️		South Pole Day 14 9:30 Morning Stretch 🧘 10:00 Devotions 🏛️ 11:00 Daily Chronicle 📖 1:30 Arts And Crafts 🎨 2:30 Wheel Of Fortune! 🎰 3:30 Bowling 🧺 4:00 Poem Club! ❤️		Enlightenment Day 8 9:30 Zumba 🧘 10:15 Chronicles 📖 11:00 Nail And Spa Day ❤️ 1:30 Dance Club 🧘 2:30 Tea Party ☕ 3:30 Karaoke Happy Hour 🎵		Christmas Card Day 9 9:30 Walking Club! 🧘 10:00 Coffee Social ☕ 10:30 Indoor Gardening ❤️ 11:00 Daily Chronicle 📖 1:30 Aromatherapy 📖 2:30 Pecan Ridge Music Club 🎵 3:30 Bingo ❤️	
A Tempting Day 17 9:30 Sunday Worship Music 🎵 10:00 Church Service 🏛️ 11:00 Daily Chronicle 📖 1:30 Board Game Workshops 🎲 2:30 Balloon Toss 3:30 Story Time 📖		Baking Cookies Day 18 9:30 Morning Yoga 🧘 10:00 Pecan Ridge Music Club 🎵 11:00 Daily Chronicle 📖 1:30 Bingo ❤️ 3:00 Movie And Popcorn ❤️ 3:30 Manicure Monday (All Day)		Funny Sign Day 19 9:30 Morning Yoga 🧘 9:30 Therapy Pet Pals 10:30 Pastor Bob Sermon 11:00 Daily Chronicle 📖 1:30 Afternoon Trivia 🏆 2:30 Ice Cream Social ❤️ 3:30 Sing Along/ Finish That lyric 🎵		Go Caroling Day 20 9:30 Chair Dance Exercise! 🧘 10:00 Liz And Children 🎵 11:00 Daily Chronicle 📖 1:30 Lifelong Learning 📖 3:30 Acting Club 🎭 4:00 Pool Noodle Balloon Toss ❤️		First Day of Winter 21 9:30 Morning Stretch 🧘 10:00 Devotions 🏛️ 11:00 Daily Chronicle 📖 1:30 Arts And Crafts 🎨 2:30 Wheel Of Fortune! 🎰 3:30 Ring Toss 🧘 4:00 Poem Club! ❤️		Ugly Sweater Day 15 9:30 Zumba 🧘 10:15 Chronicles 📖 11:00 Nail And Spa Day ❤️ 1:30 Dance Club 🧘 2:30 Chef's Cooking Show ❤️ 3:30 Karaoke Happy Hour 🎵		Gift Wrapping Day 16 9:30 Walking Club! 🧘 10:00 Coffee Social ☕ 10:30 Indoor Gardening ❤️ 11:00 Daily Chronicle 📖 1:30 Aromatherapy 📖 1:30 National Charity League NCL ❤️ 2:30 Pecan Ridge Music Club 🎵 3:30 Bingo ❤️	
Christmas Eve 24 9:30 Sunday Worship Music 🎵 10:00 Church Service 🏛️ 11:00 Daily Chronicle 📖 1:30 Board Game Workshops 🎲 2:30 Balloon Toss 3:30 Get To Know Your Grand-Friends! ❤️		Christmas 25 9:30 Morning Yoga 🧘 10:00 Pecan Ridge Music Club 🎵 11:00 Daily Chronicle 📖 1:30 Bingo ❤️ 3:00 Movie And Popcorn ❤️ 3:30 Manicure Monday (All Day)		Kwanzaa Begins 26 9:30 Morning Yoga 🧘 10:30 Pastor Bob Sermon 11:00 Daily Chronicle 📖 1:30 Afternoon Trivia 🏆 2:30 Ice Cream Social ❤️ 3:30 Sing Along/ Finish That lyric 🎵		Cut Out a Snowflake Day 27 9:30 Chair Dance Exercise! 🧘 10:00 Liz And Children 🎵 11:00 Daily Chronicle 📖 1:30 Lifelong Learning 📖 3:30 Acting Club 🎭 4:00 Pool Noodle Balloon Toss ❤️		Chocolate Candy Day 28 9:30 Morning Stretch 🧘 10:00 Devotions 🏛️ 11:00 Daily Chronicle 📖 1:30 Arts And Crafts 🎨 2:30 Wheel Of Fortune! 🎰 3:30 Volleyball 🧘 4:00 Poem Club! ❤️		Hang an Ornament Day 22 9:30 Zumba 🧘 10:15 Chronicles 📖 11:00 Nail And Spa Day ❤️ 1:30 Dance Club 🧘 2:30 Christmas Party! ❤️ 3:30 Karaoke Happy Hour 🎵		Creative Candy Cane Day 23 9:30 Walking Club! 🧘 10:00 Coffee Social ☕ 10:30 Indoor Gardening ❤️ 11:00 Daily Chronicle 📖 1:30 Aromatherapy 📖 2:30 Pecan Ridge Music Club 🎵 3:30 Bingo ❤️	
New Year's Eve 31 9:30 Sunday Worship Music 🎵 10:00 Church Service 🏛️ 11:00 Daily Chronicle 📖 1:30 Board Game Workshops 🎲 2:30 Balloon Toss 3:30 Pecan Ridge Music Club 🎵										New Year's Card Day 29 9:30 Zumba 🧘 10:15 Chronicles 📖 11:00 Nail And Spa Day ❤️ 1:30 Dance Club 🧘 2:30 Winter Crafting 🎨 3:30 Karaoke Happy Hour 🎵		Color TV Day 30 9:30 Walking Club! 🧘 10:00 Coffee Social ☕ 10:30 Indoor Gardening ❤️ 11:00 Daily Chronicle 📖 1:30 Aromatherapy 📖 1:30 National Charity League NCL ❤️ 2:30 Pecan Ridge Music Club 🎵 3:30 Bingo ❤️	



Laugh Lines: Eat, Drink and Be Merry

The gingerbread man went to the medical clinic because he had a sore knee. After examining it, the doctor said, "Have you tried icing it?"

Q: Why did the gingerbread man go to the dentist?

A: He had gingivitis.

Q: What does gingerbread do when it's done baking?

A: It just loafs around.

Q: What is a gingerbread man's favorite drink?

A: Ginger ale.

Q: How would you rate the eggnog?

A: It's egg-cellent.

Q: Who tells the best eggnog jokes?

A: Comedi-hens!

Q: What's a fun party activity to do while drinking eggnog?

A: Singing kara-yolkie!

Q: What happens when no one comes to your holiday party?

A: You can have your fruitcake and eat it too.

Q: Why is history like a fruitcake?

A: Because it's full of dates.

Q: When is a fruitcake like a golf ball?

A: When it's been sliced.

Q: Why was the German tourist searching for fruitcake?

A: It was stolen.



Meet our Awesome Staff!

Domingo Medina

Executive Director

LVN Nariyah Israel

Director of Assisted Living

Annel Quesada

Sales Director

Bennie Dewberry Jr., CEC

Dining Director

Faridhai Villanueva

Human Resources Assistant

Kevin Farr

Maintenance Director

Aneva McDaniel

Activity Director

Employee of the Month



Pecan Ridge is honored to acknowledge Miss Christina Weathersby as our employee of the month! She is

so hard working and efficient. She always puts her best foot forward and truly cares for our residents! Thank you so much for all your hard work and dedication! Congratulations, Christina!

