

THE Pecan Ridge Lifestyle



PECAN RIDGE
SENIOR LIVING AT EASE

Like Us!  

MEMORY CARE COMMUNITY

10025 Anderson Mill Road • Austin, TX 78750 • (512) 487-5243 • www.pecanridgememorycare.com

SEPTEMBER 2023

Resident of the Month



Patsy is such a loving soul! She has not only showed our community her light, but she raised two beautiful daughters, and spent most of her career working for the state of Texas where she was

born and raised! She exemplifies true Southern hospitality! She looks for light in every situation, and always manages to put a smile on people's faces! Congratulations, Patsy; we love you!



Barbara loves Elvis!

September Greetings

Hello, everyone! September promises to be another great month at our community. Fall will be here soon, bringing cooler temperatures and the rich colors of falling leaves. Check out this month's calendar and be on the lookout for details about some favorite fall activities that we have planned. As always, please feel free to stop by my office at any time. Have a great September!

You Are Unique

"Don't worry about not fitting in. The things that make people think you're weird are what makes you you, and therefore your greatest strength." —Birgitte Hjort Sorensen



Enjoying the sunroom painting birdhouses!

SEPTEMBER

2023

September’s

Starry Flower

As potted mums hit stores this month, containers of daisy-like asters are often seen displayed with them. September’s birth flower, the aster blooms in late summer through autumn, bringing hues of blue, purple, pink and white to the garden. Aster is the Greek word for star, describing the shape of the flower’s fanned petals.

Meet Your

Ancestors

Let Ancestor Appreciation Day on Sept. 27 inspire you to learn about your family history. There’s nothing like hearing stories from the past directly from people who were there, so make time to visit with older relatives. Interview them about their lives and ask to see photographs they have. Unearthing the roots of your family tree is a fulfilling way to nurture yourself and future generations.

“Be curious always!
For knowledge will
not acquire you;
you must acquire it.”
—Sudie Back

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<div>Welcome to September Day 1</div> <div>9:30 Zumba👣👣</div> <div>10:00 Chronicles📖📖</div> <div>10:30 Morning Snack: Pet Therapy</div> <div>11:00 Nail And Spa Day♥</div> <div>1:30 Tea Party☕</div> <div>3:30 Karaoke Happy Hour</div>	<div>Play Outside Day 2</div> <div>9:30 Morning Stroll👣👣</div> <div>10:00 Coffee Social☕</div> <div>11:00 Daily Chronicle📖📖</div> <div>1:30 Afternoon Trivia📖📖</div> <div>2:30 Chris Piano Therapy🎵</div> <div>3:30 Bingo🎲🎲</div>
<div>Waffle Week Begins 3</div> <div>9:30 Sunday Worship Music🎵</div> <div>10:00 Church Service🙏</div> <div>11:00 Daily Chronicle📖📖</div> <div>1:30 Board Game Workshops🎲🎲</div> <div>2:30 Hersh Piano Therapy🎵</div> <div>3:00 Balloon Toss</div> <div>3:30 21 Questions♥</div>	<div>Labor Day 4</div> <div>9:30 Coffee Social☕</div> <div>10:00 Music w/Merit🎵</div> <div>11:00 Daily Chronicle📖📖</div> <div>1:30 Bingo♥</div> <div>3:00 Movie And Popcorn</div> <div>3:30 Manicure Monday (All Day)</div>	<div>Cheese Only Day 5</div> <div>9:30 Coffee Social☕</div> <div>10:30 Pastor Bob Sermon</div> <div>11:00 Daily Chronicle📖📖</div> <div>1:30 Aromatherapy🙏</div> <div>2:30 Ice Cream Social♥</div> <div>3:30 Corn Hole👣👣</div>	<div>Wiser Now Wednesday 6</div> <div>9:30 Tai Chi👣👣</div> <div>10:15 Liz And Children🎵</div> <div>11:00 Indoor Gardening♥</div> <div>1:30 Daily Chronicle📖📖</div> <div>2:30 Cooking Class♥</div> <div>3:30 Music Therapy W/ James🎵</div>	<div>“I Will Survive” Day 7</div> <div>9:30 Morning Stretch👣👣</div> <div>10:00 Bowling👣👣</div> <div>11:00 Daily Chronicle📖📖</div> <div>1:30 Arts And Crafts🎨</div> <div>2:30 Tailgate Party♥</div> <div>3:30 Music Therapy W/ Madison🎵</div>	<div>Star Trek Anniversary 8</div> <div>9:30 Zumba👣👣</div> <div>10:00 Chronicles📖📖</div> <div>10:30 Morning Snack: Pet Therapy</div> <div>11:00 Nail And Spa Day♥</div> <div>1:30 Tea Party☕</div> <div>3:30 Karaoke Happy Hour</div>	<div>Wiener Schnitzel Day 9</div> <div>9:30 Morning Stroll👣👣</div> <div>10:00 Coffee Social☕</div> <div>11:00 Daily Chronicle📖📖</div> <div>1:30 Afternoon Trivia📖📖</div> <div>2:30 Dance Club🎵</div> <div>3:30 Bingo♥</div>
<div>Grandparents Day 10</div> <div>9:30 Sunday Worship Music🎵</div> <div>10:00 Church Service🙏</div> <div>11:00 Daily Chronicle📖📖</div> <div>1:30 Board Game Workshops🎲🎲</div> <div>2:30 Hersh Piano Therapy🎵</div> <div>3:00 Balloon Toss</div> <div>3:30 Truth Or Dare</div>	<div>Taste of Honey Day 11</div> <div>9:30 Coffee Social☕</div> <div>10:00 Music w/Merit🎵</div> <div>11:00 Daily Chronicle📖📖</div> <div>1:30 Bingo♥</div> <div>2:30 Crochet Class♥</div> <div>3:30 Manicure Monday (All Day)</div>	<div>Chocolate Milkshake Day 12</div> <div>9:30 Coffee Social☕</div> <div>9:30 Therapy Pet Pals</div> <div>10:30 Pastor Bob Sermon</div> <div>11:00 Daily Chronicle📖📖</div> <div>1:30 Aromatherapy🙏</div> <div>2:30 Ice Cream Social♥</div> <div>3:30 Ring Toss👣👣</div>	<div>Chocolate Factory Day 13</div> <div>9:30 Tai Chi👣👣</div> <div>10:15 Liz And Children🎵</div> <div>11:00 Indoor Gardening♥</div> <div>1:30 Lifelong Learning📖📖</div> <div>2:30 Cooking Class♥</div> <div>3:30 Pecan Ridge Music Club♥</div>	<div>Cream-Filled Doughnut Day 14</div> <div>9:30 Morning Stretch👣👣</div> <div>10:00 Pool Noodle Balloon Toss👣👣</div> <div>11:00 Daily Chronicle📖📖</div> <div>1:30 Arts And Crafts🎨</div> <div>2:30 Men’s Grooming♥</div> <div>3:30 Bingo🎲🎲</div>	<div>Dot Day 15</div> <div>9:30 Zumba👣👣</div> <div>10:00 Chronicles📖📖</div> <div>10:30 Morning Snack: Pet Therapy</div> <div>11:00 Nail And Spa Day♥</div> <div>1:30 Tea Party☕</div> <div>3:30 Karaoke Happy Hour</div>	<div>Tell A Whopper Day 16</div> <div>9:30 Morning Stroll👣👣</div> <div>10:00 Coffee Social☕</div> <div>11:00 Daily Chronicle📖📖</div> <div>1:30 Afternoon Trivia📖📖</div> <div>2:30 Chris Piano Therapy🎵</div> <div>3:30 Bingo♥</div>
<div>Constitution Day 17</div> <div>9:30 Sunday Worship Music🎵</div> <div>10:00 Church Service🙏</div> <div>11:00 Daily Chronicle📖📖</div> <div>1:30 Board Game Workshops🎲🎲</div> <div>2:30 Hersh Piano Therapy🎵</div> <div>3:00 Balloon Toss</div> <div>3:30 Stand Up Comedy</div>	<div>Cheeseburger Day 18</div> <div>9:30 Coffee Social☕</div> <div>10:00 Music w/Merit🎵</div> <div>11:00 Daily Chronicle📖📖</div> <div>1:30 Bingo♥</div> <div>3:00 Movie And Popcorn</div> <div>3:30 Manicure Monday (All Day)</div>	<div>A Beautiful Day 19</div> <div>9:30 Coffee Social☕</div> <div>10:30 Pastor Bob Sermon</div> <div>11:00 Daily Chronicle📖📖</div> <div>1:30 Aromatherapy🙏</div> <div>2:30 Ice Cream Social♥</div> <div>3:30 Indoor Mini Golfing👣👣</div>	<div>Sugar Day 20</div> <div>9:30 Tai Chi👣👣</div> <div>10:15 Liz And Children🎵</div> <div>11:00 Indoor Gardening♥</div> <div>1:30 Lifelong Learning📖📖</div> <div>2:30 Fall Festival♥</div>	<div>Hallelujah Day 21</div> <div>9:30 Morning Stretch👣👣</div> <div>10:00 Ring Toss👣👣</div> <div>11:00 Daily Chronicle📖📖</div> <div>1:30 Arts And Crafts🎨</div> <div>2:30 Bingo🎲🎲</div> <div>2:30 Men’s Grooming♥</div> <div>3:30 Music Therapy W/ Madison🎵</div>	<div>Coupon Day 22</div> <div>9:30 Zumba👣👣</div> <div>10:00 Chronicles📖📖</div> <div>10:30 Morning Snack: Pet Therapy</div> <div>11:00 Nail And Spa Day♥</div> <div>1:30 Tea Party☕</div> <div>3:30 Karaoke Happy Hour</div>	<div>Teal Talk Day 23</div> <div>9:30 Morning Stroll👣👣</div> <div>10:00 Coffee Social☕</div> <div>11:00 Daily Chronicle📖📖</div> <div>1:30 Afternoon Trivia📖📖</div> <div>2:30 Dance Club🎵</div> <div>3:30 Bingo♥</div>
<div>Bullwinkle Day 24</div> <div>9:30 Sunday Worship Music🎵</div> <div>10:00 Church Service🙏</div> <div>11:00 Daily Chronicle📖📖</div> <div>1:30 Board Game Workshops🎲🎲</div> <div>2:30 Hersh Piano Therapy🎵</div> <div>3:00 Balloon Toss</div> <div>3:30 Indoor Soccer🎵</div>	<div>One-Hit Wonder Day 25</div> <div>9:30 Coffee Social☕</div> <div>10:00 Music w/Merit🎵</div> <div>11:00 Daily Chronicle📖📖</div> <div>1:30 Bingo♥</div> <div>3:00 Crochet Class♥</div> <div>3:30 Manicure Monday (All Day)</div>	<div>Tech Tuesday 26</div> <div>9:30 Coffee Social☕</div> <div>9:30 Therapy Pet Pals</div> <div>10:30 Pastor Bob Sermon</div> <div>11:00 Daily Chronicle📖📖</div> <div>1:30 Aromatherapy🙏</div> <div>2:30 Ice Cream Social♥</div> <div>3:30 Balloon Volleyball👣👣</div>	<div>Ancestor Appreciation Day 27</div> <div>9:30 Tai Chi👣👣</div> <div>10:15 Liz And Children🎵</div> <div>11:00 Daily Chronicle📖📖</div> <div>1:30 Lifelong Learning📖📖</div> <div>2:30 Cooking Class♥</div> <div>4:00 Music Therapy W/ James🎵</div>	<div>Strawberry Cream Pie Day 28</div> <div>9:30 Morning Stretch👣👣</div> <div>10:00 Indoor Mini Golfing👣👣</div> <div>11:00 Daily Chronicle📖📖</div> <div>1:30 Arts And Crafts🎨</div> <div>2:30 Picnic At The Park🚗</div>	<div>Harvest Moon 29</div> <div>9:30 Zumba👣👣</div> <div>10:00 Pet Therapy/ Lucille The Parrot Is Coming🙏</div> <div>11:00 Daily Chronicle📖📖</div> <div>1:30 Nail And Spa Day♥</div> <div>2:30 Tea Party☕</div> <div>3:30 Karaoke Happy Hour</div>	<div>Submarine Day 30</div> <div>9:30 Morning Stroll👣👣</div> <div>10:00 Coffee Social☕</div> <div>11:00 Daily Chronicle📖📖</div> <div>1:30 Afternoon Trivia📖📖</div> <div>2:30 Dance Club🎵</div> <div>3:30 Bingo♥</div>



Alma enjoys indoor golf!

Caramel Crumble Bars

Ingredients:

- 1 box yellow cake mix
- 1/2 cup plus 2 tablespoons butter, softened
- 3/4 cup apple butter, plus 3 tablespoons
- 1 egg
- 1 package (11 ounces) soft caramels, unwrapped
- 2/3 cup walnuts, chopped
- 2/3 cup sweetened coconut flakes
- 2 tablespoons butter, melted

Directions:

Heat oven to 350° F. Grease 13-by-9-inch baking pan.

With electric mixer on low, beat cake mix and 1/2 cup softened butter until mixture is crumbly. Spoon 1 cup of the mixture into medium bowl; set aside.

Add 3/4 cup apple butter and egg to remaining mixture. Beat on medium until smooth and creamy. Spread evenly into pan. Bake 20 minutes.

Place caramels, 2 tablespoons softened butter and remaining 3 tablespoons apple butter in microwave-safe bowl. Microwave in 30-second intervals, stirring every time, until smooth and melted. Pour evenly over baked crust.

Combine walnuts, coconut and 2 tablespoons melted butter with reserved cake mix. Mix until crumbly. Sprinkle over caramel in pan.

Bake 16 to 18 minutes, until topping starts to brown. Let cool; cut into bars.

Find more recipes at Musselmans.com.



Meet our Awesome Staff!

Executive Director

LVN Nariyah Israel

Director of Assisted Living

Sales Director

Dining Director

Faridhai Villanueva

Human Resources Assistant

Kevin Farr

Maintenance Director

Employee of the Month



Simon is one of our most efficient and dedicated caregivers! With 27 years of

experience under his belt, Effortless should be his middle name. He manages to be an outstanding caretaker and master his hobby in woodwork! A gifted and loving man deserves nothing but the finest recognition! We want to honor him for being an influential example of this community! He adds value to this company through his example every day he works! Pecan Ridge sees your hard work! We are thankful and honored to acknowledge your effort this month!

Breathe in Fall Fragrances

Surround yourself with the fragrances of fall by looking for scented products in woody or spicy aromas, such as cinnamon, clove, eucalyptus, juniper berry, patchouli or pine.