

# THE Pecan Ridge Lifestyle



PECAN RIDGE  
SENIOR LIVING AT EASE

Like Us!  

MEMORY CARE COMMUNITY

10025 Anderson Mill Road • Austin, TX 78750 • (512) 487-5243 • [www.pecanridgememorycare.com](http://www.pecanridgememorycare.com)

MAY 2023

## Sweet and Simple Mother's Day Greetings

A handmade card will warm the hearts of moms, grandmas and other important ladies in your life. Say something special with one of these fun ideas:

*For the tea-riffic mom.* Pour out your heart in this tea-themed card. Cut one of the corner cups out of a cardboard egg carton, then cut the cup in half so it can be glued flat against a blank card. Color the cardboard cup with watercolor paints or markers. Attach a pipe cleaner handle and glue the teacup to the card. Then stick a teabag of Mom's favorite blend inside the cup.

*Let your love grow.* Out of brown paper, cut out a simple flowerpot shape, then cut another to match. Glue one flowerpot on a blank card and write your message on it. Then place the other pot on top, only gluing at the top so you can lift the first layer to read the message. Add paper or fabric flowers coming out of the pot.

*Pocket-sized greeting.* Holding a blank card vertically, cut off the top two corners at a curve, so the resulting card shape resembles an apron. Cut a paper doily in half and glue it to the apron, round side down. Then attach a square of decorative paper on top of the doily, gluing around the sides and bottom edge only. Slide a gift card or small treat inside the apron pocket. Complete the look with a loop of ribbon at the top of the apron.



We had such a nice Easter Brunch with a surprise visit from the famous Bunny himself!!



Beryl was the best funny bunny ring toss lady! Sassy and classy!



MAY 2023

## Women in the Army

After the U.S. joined World War II, the Women’s Army Auxiliary Corps was formed in May 1942, allowing women to enlist in the Army to serve in noncombat roles. Just a year later, the word “auxiliary” was dropped, giving WAC members full military benefits and paving the way for women to officially serve in all branches of the armed forces.

## A Century of Chanel

Called the most famous fragrance in the world, Chanel No. 5 celebrates its birthday this month. Developed by French fashion designer Coco Chanel and launched on May 5, 1921, the perfume was the first to encompass dozens of scents, including jasmine and vanilla, rather than relying on one floral note. A century later, Chanel No. 5 is so popular that it’s been said one of its iconic square bottles is sold every 30 seconds.

“Keep a green tree in your heart and perhaps the singing bird will come.”  
—Chinese proverb

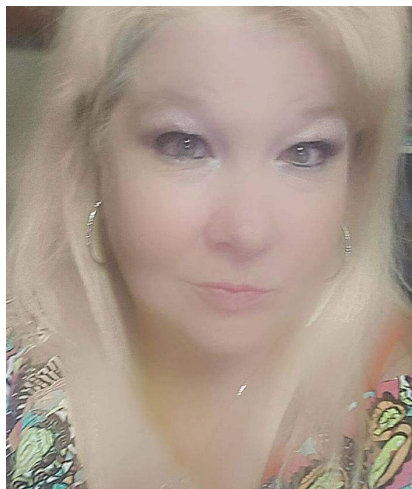
Activities Subject to Change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>May Day!</b> 9:30 Morning Buzz! <b>10:00 Music w/Merit!</b> 🎵 11:00 Daily Chronicles 12:00 Lunch🍴🍴 1:30 Lifelong Learning 📖 2:30 Snack & Hydrate 3:00 Manicure Monday (All Day) 5:00 Dinner🍴🍴	<b>Wear Sunglasses Day</b> 2 9:30 Morning Buzz! 10:00 Sunshine Exercise 10:30 Pastor Bob Sermon 11:00 Daily Chronicles 12:00 Lunch🍴🍴 1:30 Lifelong Learning 📖 2:30 Snack & Hydrate 3:00 Art Therapy: creating Sunshine 5:00 Dinner🍴🍴	<b>Polka Day!</b> 3 9:30 Morning Buzz! <b>10:00 Picnic Day</b> 🚗 11:00 Daily Chronicles 12:00 Lunch🍴🍴 1:30 Lifelong Learning 📖 2:30 Snack & Hydrate 3:00 Ring Toss 5:00 Dinner🍴🍴	<b>May the Fourth Be With You</b> 4 9:30 Morning Buzz! <b>10:15 Kid song Music!</b> 🎵 11:00 Daily Chronicles 12:00 Lunch🍴🍴 1:30 Lifelong Learning 📖 2:30 Snack & Hydrate 3:00 Light Saber Fun! 5:00 Dinner🍴🍴	<b>Cinco De Mayo</b> 5 9:30 Morning Buzz! <b>10:00 Mariachi March</b> 10:30 Morning Snack: Pet Therapy 11:00 Daily Chronicles 12:00 Lunch🍴🍴 1:30 Lifelong Learning 📖 2:30 Chris Braud Piano 2:30 Snack & Hydrate 3:30 Karaoke Happy Hour 5:00 Dinner🍴🍴	<b>National Nurses Week Begins!</b> 6 9:30 Morning Muze 10:00 Breathe and Stretch 11:00 Daily Chronicles 12:00 Lunch🍴🍴 1:30 Lifelong Learning 📖 2:30 Snack & Hydrate 3:00 Movie Matinee w/Popcorn 5:00 Dinner🍴🍴
<b>Nat'l Wildflower Week Begins</b> 7 9:30 Sunday Worship Music🎵 10:00 Church Service🙏 11:00 Daily Chronicles 12:00 Lunch🍴🍴 1:30 Lifelong Learning 📖 2:30 Snack & Hydrate 3:00 Wildflower Painting 5:00 Dinner🍴🍴	<b>Monday Monday (La-La) Day!</b> 8 9:30 Morning Buzz! <b>10:00 Music w/Merit!</b> 🎵 11:00 Daily Chronicles 12:00 Lunch🍴🍴 1:30 Lifelong Learning 📖 2:30 Snack & Hydrate 3:00 Manicure Monday (All Day) 3:30 These are a few of my Fav things! 5:00 Dinner🍴🍴	<b>Foodies Day!</b> 9 9:30 Morning Buzz! 9:30 Therapy Pet Pals 10:00 Chair Yoga 10:30 Pastor Bob Sermon 11:00 Daily Chronicles 12:00 Lunch🍴🍴 1:30 Lifelong Learning 📖 2:30 Snack & Hydrate <b>3:00 Cooking Demo with Vaughan</b> 5:00 Dinner🍴🍴	<b>Mother Ocean Day!</b> 10 9:30 Morning Buzz! 10:00 Doing the Wave Exercises 11:00 Daily Chronicles 12:00 Lunch🍴🍴 1:30 Lifelong Learning 📖 2:30 Snack & Hydrate 5:00 Dinner🍴🍴	<b>A Salvador Dali Day!</b> 11 9:30 Morning Buzz! <b>10:15 Kid song Music!</b> 🎵 11:00 Daily Chronicles 12:00 Lunch🍴🍴 1:30 Lifelong Learning 📖 2:30 Snack & Hydrate 3:00 Dali Doodles 5:00 Dinner🍴🍴	<b>Florence Nightingale Day!</b> 12 9:30 Morning Buzz! 10:00 Mariachi 10:30 Morning Snack: Pet Therapy 11:00 Daily Chronicles 12:00 Lunch🍴🍴 1:30 Lifelong Learning 📖 2:30 Snack & Hydrate 3:30 Karaoke Happy Hour 5:00 Dinner🍴🍴	<b>Horse Sense Saturday!</b> 13 9:30 Morning Muze 10:00 Horse Humor 11:00 Daily Chronicles 12:00 Lunch🍴🍴 1:30 Lifelong Learning 📖 2:30 Snack & Hydrate 3:00 Movie Matinee w/Popcorn 5:00 Dinner🍴🍴
<b>Mother's Day!</b> 14 9:30 Sunday Worship Music🎵 10:00 Church Service🙏 11:00 Daily Chronicles 11:45 Special Mother's Day Brunch♥ <b>1:30 Homage to Mothers Everywhere!</b> 📖 2:30 Snack & Hydrate 3:00 Mother May I game 5:00 Dinner🍴🍴	<b>Women in Uniform Day</b> 15 9:30 Morning Buzz! <b>10:00 Music w/Merit!</b> 🎵 11:00 Daily Chronicles 12:00 Lunch🍴🍴 1:30 Lifelong Learning 📖 2:30 Snack & Hydrate 3:00 Camouflage Art 3:00 Manicure Monday (All Day) 5:00 Dinner🍴🍴	<b>Neighbor Day!</b> 16 9:30 Morning Buzz! 10:30 Pastor Bob Sermon 11:00 Daily Chronicles 12:00 Lunch🍴🍴 1:30 Lifelong Learning 📖 2:30 Snack & Hydrate 3:00 Baking club for our Neighbors 5:00 Dinner🍴🍴	<b>National Cherry Cobbler Day!</b> 17 9:30 Morning Buzz! 10:00 Balloon Volleyball 11:00 Daily Chronicles 12:00 Lunch🍴🍴 1:30 Lifelong Learning 📖 2:30 Snack & Hydrate 3:00 Hole in One Golf 5:00 Dinner🍴🍴	<b>I Love Reese's Day!</b> 18 9:30 Morning Buzz! <b>10:15 Kid song Music!</b> 🎵 11:00 Daily Chronicles 12:00 Lunch🍴🍴 1:30 Lifelong Learning 📖 2:30 Snack & Hydrate 3:00 Baking Club Reese's Cookies 5:00 Dinner🍴🍴	<b>Mod Podge Day!</b> 19 9:30 Morning Buzz! 10:00 Mod Podge Pretty Pots 10:30 Morning Snack: Pet Therapy 11:00 Daily Chronicles 12:00 Lunch🍴🍴 1:30 Lifelong Learning 📖 2:30 Snack & Hydrate 3:30 Karaoke Happy Hour 5:00 Dinner🍴🍴	<b>Buddy Poppy!</b> 20 9:30 Morning Muze 10:00 Origami Poppies 11:00 Daily Chronicles 12:00 Lunch🍴🍴 1:30 Lifelong Learning 📖 2:30 Snack & Hydrate 3:00 Movie Matinee w/Popcorn 5:00 Dinner🍴🍴
<b>Red Cross Founded Day!</b> 21 9:30 Sunday Worship Music🎵 10:00 Church Service🙏 11:00 Daily Chronicles 12:00 Lunch🍴🍴 1:30 Lifelong Learning 📖 2:30 Snack & Hydrate 5:00 Dinner🍴🍴	<b>Backyard Games Week Begin</b> 22 9:30 Morning Buzz! <b>10:00 Music w/Merit!</b> 🎵 11:00 Daily Chronicles 12:00 Lunch🍴🍴 1:30 Lifelong Learning 📖 2:30 Snack & Hydrate 3:00 Manicure Monday (All Day) 5:00 Dinner🍴🍴	<b>National Maritime Day! World Turtle Day</b> 23 9:30 Morning Buzz! 9:30 Therapy Pet Pals 10:30 Pastor Bob Sermon 11:00 Daily Chronicles 12:00 Lunch🍴🍴 1:30 Lifelong Learning Savanah Ship📖 2:30 Snack & Hydrate 5:00 Dinner🍴🍴	<b>Brothers Day!</b> 24 9:30 Morning Buzz! 10:00 Bowling with our Brothers 11:00 Daily Chronicles 12:00 Lunch🍴🍴 1:30 Lifelong Learning 📖 2:30 Snack & Hydrate 3:00 Brotherly Love 5:00 Dinner🍴🍴	<b>Wear the Lilac Day (ALZ)</b> 25 9:30 Morning Buzz! <b>10:15 Kid song Music!</b> 🎵 11:00 Daily Chronicles 12:00 Lunch🍴🍴 1:30 Lifelong Learning 📖 2:30 Birthday Celebration 3:00 Art Therapy Lilacs 5:00 Dinner🍴🍴	<b>Wig Out Day! (Wear a Wig)</b> 26 9:30 Morning Buzz! 10:30 Morning Snack: Pet Therapy 11:00 Daily Chronicles 12:00 Lunch🍴🍴 1:30 Lifelong Learning 📖 2:30 Snack & Hydrate 3:30 Karaoke Happy Hour 5:00 Dinner🍴🍴	<b>Wild Bill Hickok's B-day</b> 27 9:30 Morning Muze 10:00 Wild West Workout@ 11:00 Daily Chronicles 12:00 Lunch🍴🍴 1:30 Lifelong Learning 📖 2:30 Snack & Hydrate 3:00 Movie Matinee w/Popcorn 5:00 Dinner🍴🍴
<b>Indianapolis 500-Mile Race</b> 28 9:30 Sunday Worship Music🎵 10:00 Church Service🙏 11:00 Daily Chronicles 12:00 Lunch🍴🍴 1:30 Lifelong Learning 📖 2:30 Snack & Hydrate 3:00 Back home again in Indiana 5:00 Dinner🍴🍴	<b>Memorial Day</b> 29 9:30 Morning Buzz! <b>10:00 Music w/Merit!</b> 🎵 11:00 Daily Chronicles <b>12:00 BBQ Lunch!</b> 🍴 1:30 Lifelong Learning 📖 2:30 Snack & Hydrate 3:00 Manicure Monday (All Day) 5:00 Dinner🍴🍴	<b>Nat'l Manicure Day!</b> 30 9:30 Morning Buzz! 10:30 Pastor Bob Sermon 11:00 Daily Chronicles 12:00 Lunch🍴🍴 1:30 Lifelong Learning 📖 <b>2:30 Music</b> 2:30 Snack & Hydrate 5:00 Dinner🍴🍴	<b>Puff the Magic Dragon Day!</b> 31 9:30 Morning Buzz! 10:00 Parachute for Puff 11:00 Daily Chronicles 12:00 Lunch🍴🍴 1:30 Lifelong Learning 📖 2:30 Snack & Hydrate 5:00 Dinner🍴🍴			



# In the Spotlight

## Sharon Kazeem: Executive Director



My name is Sharon Kazeem and I'm the Executive Director at Pecan Ridge. My calling is Senior Living. I have been doing this for over 20 years! I have my certification in both Arizona and Texas. Memory Care is especially meaningful to me; my mother passed two years ago with Lewy Bodies Alzheimer's. It was a hard 10 plus years to see your mother go from a flight attendant for American Airlines back in the '50s to an 88 year old who can't remember any of us. I am just so thankful for caregivers and nurses who gave us advice and were there to listen to us, educate us and be there when we needed to cry or vent. Thanks for allowing us to be a part of your family and share the love of your most precious loved one. I look forward to an amazing 2023!!



Liz and her sweet daughters are *the* most adorable Easter Bunny trio you've every seen!



### Meet our Awesome Staff!

**Sharon Kazeem**

**Executive Director**

**Terri Collins LVN**

**Director of Assisted Living**

**Rhonda Bitner**

**Sales Director**

**Marcy Wintle**

**Activity Director**

**Dining Director**

**Vaughan Greaves**

**Human Resources Assistant**

**Abby Bray**

## Call of Remembrance

The 24 notes that sound out the bugle call known as taps will be played at numerous events this Memorial Day. The solemn melody has been around since the Civil War, when it was adapted from existing bugle calls that signaled the end of the day. Upon hearing the call, soldiers knew to extinguish their lamps and get ready for bed.



## Memorial Day

A day to remember the sacrifice of the country's fallen service members has been observed since the Civil War. Known as Decoration Day for a century, the holiday was renamed Memorial Day by federal law in 1967.