

THE Pecan Ridge Lifestyle



PECAN RIDGE
SENIOR LIVING AT EASE

Like Us!  

MEMORY CARE COMMUNITY

10025 Anderson Mill Road • Austin, TX 78750 • (512) 487-5243 • www.pecanridgememorycare.com

The Power of the Peep

You may or may not have a taste for them, but few can deny the charm of the marshmallow Peep. Since 1953, the Just Born candy company in Bethlehem, Pa., has been making these sugary treats a staple of springtime celebrations.

Peeps were originally made by hand, a process that took 27 hours from start to finish. Now, the manufacturing time has been shortened to six minutes—a good thing, since 5.5 million marshmallow critters are made every day! Close to 2 billion Peeps are produced annually, with more than half of them sold in the spring.

The original Peep, the yellow chick, remains the most popular. Since the 1960s, Peeps have been sold in a variety of shapes and colors to correspond with the changing seasons.

Simply a marshmallow coated in colored sugar with edible wax eyes, the Peep's legacy lies in the myriad ways it can be eaten—or not. In the last decade, Peeps diorama contests and sculptures have unleashed the creativity of those who love the iconic marshmallow designs. A fun experiment for both young and old is to zap a Peep in the microwave and watch it “grow.”

For those who would rather ingest the sugary snack, they must first decide if they are among the 75 percent of people who prefer Peeps fresh from the package, or if they like to wait until the treats are a little crunchier.



APRIL 2023



Alisa kissed the Blarney Stone and now her luck is overflow'n!



“May love and laughter light your days, and warm your heart and home.” Irish Proverb

Memorable Melody: 'Raindrops Keep Fallin' on My Head'

Despite the rain, this playful pop classic, first sung by B.J. Thomas, voices optimism: "It won't be long till happiness steps up to greet me." Composed by the duo of Burt Bacharach and Hal David for a lighthearted scene in the 1969 Western "Butch Cassidy and the Sundance Kid," the tune's uplifting lyrics and relaxing strums of a ukulele caught on with audiences. By the spring of 1970, the single was a No. 1 hit that sold 2 million records and won the Oscar for best song.

Wake With Cheer

"Hope sleeps in our bones
like a bear waiting for spring
to rise and walk." —Marge
Piercy

**"The sky is always beautiful
Even when it's dark or rainy
or cloudy, it's still beautiful
to look at ... and it'll be
there no matter what."
—Colleen Hoover**

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
												April Fools' Day Laugh at Work Day 9:30 Morning Muze 10:00 Chair Yoga🔊 10:30 Morning Snack 11:00 Daily Chronicles 12:00 April is No Fool! Fun at Work! 1:30 Lifelong Learning📖 3:00 Movie Matinee w/Popcorn 5:00 Dinner👥	
Peanut Butter and Jelly Day 2 9:30 Sunday Worship Music🎵 10:00 Church Service👤 10:30 Morning Snack 11:00 Daily Chronicles 1:30 Lifelong Learning📖 3:00 Peanut Butter & Jelly Crackers 5:00 Dinner👥		Find a Rainbow Day 3 9:30 Morning Buzz! 10:00 Music w/Merit🎵 10:30 Morning Snack 11:00 Daily Chronicles 1:30 Lifelong Learning📖 3:00 Over The Rainbow Art 5:00 Dinner👥		Wear a Straw Hat Day 4 9:30 Morning Buzz! 10:30 Morning Snack 10:30 Pastor Bob Sermon 11:00 Daily Chronicles 12:00 Lunch👥 1:30 Lifelong Learning📖 2:30 Snack & Hydrate 3:00 Straw Hat Hoedown 5:00 Dinner👥		Passover Begins National Walking Day 5 9:30 Morning Buzz! 10:00 Easter Craft 10:30 Morning Snack 11:00 Daily Chronicles 12:00 Lunch👥 1:30 Lifelong Learning📖 2:30 Snack & Hydrate 5:00 Dinner👥		Post-It Day Masters Tour 6 9:30 Morning Buzz! 10:15 Kid song Music!🎵 10:30 Morning Snack 11:00 Daily Chronicles 12:00 Lunch👥 1:30 Lifelong Learning📖 2:30 Snack & Hydrate 3:00 Golf like the Masters 5:00 Dinner👥		Good Friday Send a Card Day 7 9:30 Morning Buzz! 10:00 Communion 10:30 Morning Snack 11:00 Daily Chronicles 12:00 Lunch👥 1:30 Lifelong Learning📖 2:30 Snack & Hydrate 3:30 Karaoke Happy Hour 5:00 Dinner👥		Giggles and Guffaws Day! 8 9:30 Morning Muze 10:00 Jokes with Folks 10:30 Morning Snack 11:00 Daily Chronicles 12:00 Lunch👥 1:30 Lifelong Learning📖 2:30 Snack & Hydrate 3:00 Movie Matinee w/Popcorn 5:00 Dinner👥	
Easter Sunday 9 9:30 Sunday Worship Music🎵 10:00 Church Service👤 10:30 Morning Snack 11:00 Daily Chronicles 11:30 Special Easter Luncheon 12:00 Lunch👥 1:30 Lifelong Learning📖 2:30 Snack & Hydrate 3:00 Family Fun with The Easter Bunny 5:00 Dinner👥		National Siblings Day! Community Spirit Day 10 9:30 Morning Buzz! 10:00 Music w/Merit🎵 10:30 Morning Snack 11:00 Daily Chronicles 12:00 Lunch👥 1:30 Lifelong Learning📖 2:30 Snack & Hydrate 5:00 Dinner👥		National Pet Day! Nat'l. Spring Cleaning Day 11 9:30 Morning Buzz! 10:30 Morning Snack 10:30 Pastor Bob Sermon 11:00 Daily Chronicles 12:00 Lunch👥 1:30 Lifelong Learning📖 2:30 Snack & Hydrate 5:00 Dinner👥		Day of Pink Grilled Cheese Day 12 9:30 Morning Buzz! 10:00 Green Thumb Club 10:30 Morning Snack 11:00 Daily Chronicles 12:00 Lunch👥 1:30 Lifelong Learning📖 2:30 Snack & Hydrate 5:00 Dinner👥		World Scrabble Day Plant Appreciation Day 13 9:30 Morning Buzz! 10:15 Kid song Music!🎵 10:30 Morning Snack 11:00 Daily Chronicles 12:00 Lunch👥 1:30 Lifelong Learning📖 2:30 Snack & Hydrate 5:00 Dinner👥		National Dolphin Day! 14 9:30 Morning Buzz! 10:30 Morning Snack 11:00 Daily Chronicles 11:00 Pet Therapy 🐾 12:00 Lunch👥 1:30 Lifelong Learning📖 2:30 Snack & Hydrate 3:30 Karaoke Happy Hour 5:00 Dinner👥		Happy Happy Ham Day! 15 9:30 Morning Muze 10:00 Ham it up Photos! 10:30 Morning Snack 11:00 Daily Chronicles 12:00 Lunch👥 1:30 Lifelong Learning📖 2:30 Snack & Hydrate 3:00 Movie Matinee w/Popcorn 5:00 Dinner👥	
Nat'l. Volunteer Week Stress Awareness Day 16 9:30 Sunday Worship Music🎵 10:00 Church Service👤 10:30 Morning Snack 11:00 Daily Chronicles 12:00 Lunch👥 1:30 Lifelong Learning📖 2:30 Snack & Hydrate 5:00 Dinner👥		Marathon Monday 17 9:30 Morning Buzz! 10:00 Music w/Merit🎵 10:30 Morning Snack 11:00 Daily Chronicles 12:00 Lunch👥 1:30 Lifelong Learning📖 2:30 Snack & Hydrate 3:00 Manicure Monday 5:00 Dinner👥		Animal Cracker Day 18 9:30 Morning Buzz! 10:00 Breathe and Stretch 🧘 10:30 Morning Snack 10:30 Pastor Bob Sermon 11:00 Daily Chronicles 12:00 Lunch👥 1:30 Lifelong Learning📖 2:30 Snack & Hydrate 5:00 Dinner👥		Wear Your Pajamas To Work Day! 19 9:30 Morning Buzz! 10:00 Walking Club 10:30 Morning Snack 11:00 Daily Chronicles 12:00 Lunch👥 1:30 Lifelong Learning📖 2:30 Snack & Hydrate 2:30 Welcome Committee 5:00 Dinner👥		Humor for Your Health's Sake 20 9:30 Morning Buzz! 10:15 Kid song Music!🎵 10:30 Morning Snack 11:00 Daily Chronicles 12:00 Lunch👥 1:30 Lifelong Learning📖 2:30 Snack & Hydrate 3:00 Men's Club Wood Burning 5:00 Dinner👥		A Day for Fiddles Day! 21 9:30 Morning Buzz! 10:00 Rhythm Drumming 10:30 Morning Snack 11:00 Daily Chronicles 12:00 Lunch👥 1:30 Lifelong Learning📖 2:00 Fee Fi Fo Fiddles! Performance 2:30 Snack & Hydrate 3:00 April Birthday Celebration 3:30 Karaoke Happy Hour 5:00 Dinner👥		Earth Day! 22 9:30 Morning Muze 10:00 Tree Planting Ceremony 10:30 Morning Snack 11:00 Daily Chronicles 12:00 Lunch👥 1:30 Lifelong Learning📖 2:30 Snack & Hydrate 3:00 Movie Matinee w/Popcorn 5:00 Dinner👥	
Movie Theatre Day 23 9:30 Sunday Worship Music🎵 10:30 Morning Snack 11:00 Daily Chronicles 12:00 Lunch👥 2:30 Snack & Hydrate 5:00 Dinner👥		Soda Fountain Day! 24 9:30 Morning Buzz! 10:00 Music w/Merit🎵 10:30 Morning Snack 11:00 Daily Chronicles 12:00 Lunch👥 1:30 Lifelong Learning📖 2:30 Snack & Hydrate 2:30 Soda pop and Popcorn 5:00 Dinner👥		Red Hat Society Day! 25 9:30 Morning Buzz! 10:30 Morning Snack 10:30 Pastor Bob Sermon 11:00 Daily Chronicles 12:00 Lunch👥 1:30 Lifelong Learning📖 2:30 Casey Anderson 3:00 Red Hat Book Club 5:00 Dinner👥		Audubon Day Admin. Prof. Day! 26 9:30 Morning Buzz! 10:00 Watercolor Birds 10:30 Morning Snack 11:00 Daily Chronicles 12:00 Lunch👥 1:30 Lifelong Learning📖 2:30 Snack & Hydrate 3:00 Bird Watching 5:00 Dinner👥		Tell a Story Day Morse Code Day 27 9:30 Morning Buzz! 10:15 Kid song Music!🎵 10:30 Morning Snack 11:00 Daily Chronicles 12:00 Lunch👥 1:30 Lifelong Learning📖 2:30 Snack & Hydrate 5:00 Dinner👥		Arbor Day Kon Tiki Day 28 9:30 Morning Buzz! 10:00 Resident Council❤️ 10:30 Morning Snack 11:00 Daily Chronicles 12:00 Lunch👥 1:30 Lifelong Learning📖 2:30 Snack & Hydrate 3:30 Karaoke Happy Hour 5:00 Dinner👥		Rhyming Riddles Day! Save the Frogs Day! 29 9:30 Morning Muze 10:30 Morning Snack 11:00 Daily Chronicles 12:00 Lunch👥 1:30 Lifelong Learning📖 2:30 Snack & Hydrate 3:00 Movie Matinee w/Popcorn 5:00 Dinner👥	
International Jazz Day! 30 9:30 Sunday Worship Music🎵 10:00 Church Service👤 11:00 Daily Chronicles 12:00 Lunch👥 2:30 Snack & Hydrate 5:00 Dinner👥													

In the Spotlight



I'm the Dining Director for Pecan Ridge. I have 10 plus years of professional cooking experience in various cuisines. My passion for the culinary world began as a young child. I was inspired by the way cooking can bring people from all walks of life together. I don't just try to make a "good dish," I truly put my heart in to every plate I serve. I have had the opportunity to work in many types of culinary settings, such as 90 percent scratch kitchens, vegan camps, Military Dining Facilities and Walt Disney's Resorts and Festivals. Senior care is a new adventure for me. The care and passion that my fellow Directors and staff share for senior care has truly made the transition easy. At the end of the day I think I speak for all when I say our hearts are filled with joy and happiness from providing home-cooked comfort food!

Vaughan Greaves Dining Director

He's Got That Certain Sparkle in His Eyes!

May you have the hindsight to know where you've been, the foresight to know where you're going and the insight to know when you're going too far.



Welcome, George!

Self-Care Corner: Dose of Daylight

Did you know sunlight is a natural mood booster? As spring starts, take advantage of longer daylight hours and schedule time for sunshine, whether it's eating lunch outdoors or going for a walk after dinner. Research shows that letting sunlight hit your eyes can raise levels of serotonin, which helps keep you calm, and regulate your sleep cycle.



Meet our Awesome Staff!

Sharon Kazeem

Executive Director

Terri Collins LVN

Director of Assisted Living

Jamie Ruiz

Marketing Director

Marcy Wintle

Activity Director

Dining Director

Vaughan Greaves

Maintenance Director

Victor Medrano

Go Flower Chasing

Just as autumn's golden colors inspire drives to go "leaf peeping," spring's awakening world invites nature lovers to go "flower chasing." Many farms offer tours to admire their blooms, or simply head out of town in search of a wildflower field where you can snap some photos and breathe in the fresh, fragrant air.

