

THE Pecan Ridge Lifestyle



PECAN RIDGE
SENIOR LIVING AT EASE

Like Us!  

MEMORY CARE COMMUNITY

10025 Anderson Mill Road • Austin, TX 78750 • (512) 487-5243 • www.pecanridgememorycare.com

MARCH 2024

Resident of the Month



George Harden is such an amazing soul! He is so sweet and helpful! This wonderful man served in the Air Force and was blessed with a loving son, Mark! Pecan Ridge wants to honor you this month! Congratulations, George!



Puppy therapy!

Make Speckled Easter Eggs

Try this cool way to color Easter eggs. The best part?

No mess!

Add 1 cup of uncooked rice to a zip-close sandwich bag. Add 7 to 10 drops of food coloring (one color) and stir with a spoon. Repeat in separate bags with any other colors you want to use.

Place a hard-boiled egg (shell on!) in one of the bags. Close the bag and gently shake until the egg is colored to your liking. Use tongs to remove the egg and place it somewhere safe to dry. Repeat with remaining eggs.



Alert for Allergy Weather

It's the season for allergies. Local weather forecasts often include pollen counts. But if you miss those numbers, you can still be prepared with a do-it-yourself weather check. Expect symptoms to flare up when it's windy, warm and dry. During rainy weather and breeze-free days, the pollen level will likely be lower.

MARCH 2024

Brain Bender: St. Paddy's Word Puzzle

The answers to the clues below all contain a word related to St. Patrick's Day: green, luck, gold or jig. How many can you get right?

1. Words containing "green":
 - Building for plants
 - Fresh, minty flavor
 - A newcomer
2. Words containing "luck":
 - A chicken says ...
 - A gathering with food
 - Brave and scrappy
3. Words containing "gold":
 - Yellow bird
 - October's birth flower
 - Koi's cousin
4. Words containing "jig":
 - Type of puzzle
 - A doodad or gizmo
 - To wiggle

(Answers: 1. greenhouse, wintergreen, greenhorn; 2. cluck, potluck, plucky; 3. goldfinch, marigold, goldfish; 4. jigsaw, thingamajig, jiggle)

Looking for Luck

"Four-leaf clovers aren't rare ... People who look for them are." —Christy Jordan

**"Life is a painting,
and you are the artist.
You have on your palette all
the colors in the spectrum."
—Paul J. Meyer**

Activities Subject to Change

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
										Employee Appreciation Day 1 9:30 Zumba👯 10:15 Chronicles📖 11:00 Nail And Spa Day♥ 1:30 Crochet Class🧶 2:30 Arts And Crafts🧶 3:30 Karaoke Happy Hour🎵		The Cat in the Hat Day 2 9:30 Chair Dance Exercise! 🧘 10:00 Coffee Social☕ 10:30 Daily Chronicle📖 1:30 Devotions ♥ 2:30 Dance Club🎵 3:30 Nail And Spa Day♥	
World Wildlife Day 3 9:30 Sunday Worship Music🎵 10:00 Church Service👤 11:00 Daily Chronicle📖 1:30 Bingo🎲 2:30 Pool Noodle Balloon Toss 3:30 21 Questions♥		March Forth Day 4 9:00 Morning Yoga🧘 10:00 Acting Club♥ 11:00 Daily Chronicle📖 1:30 Board Game Workshops🎲 3:00 Movie And Popcorn♥ 3:30 Manicure Monday (All Day)		Toga Tuesday 5 9:00 Coffee Social☕ 9:30 Pet Therapy Pet Pals 🐾 10:30 Pastor Bob Sermon 11:00 Daily Chronicle📖 1:30 Afternoon Trivia📖 2:30 Ice Cream Social♥ 3:30 Sing Along/ Finish That lyric🎵		Wiser Now Wednesday 6 9:15 Tai Chi W/Ayumi🧘 10:00 Liz And Children🎵 11:00 Daily Chronicle📖 1:30 Lifelong Learning📖 2:30 Chef's Cooking Show 🍳 3:30 Story Time📖		Lucky 7 Day 7 9:00 Coffee Social☕ 9:30 Morning Stretch 🧘 10:00 Pecan Ridge Music Club🎵 11:00 Daily Chronicle📖 1:30 Arts And Crafts 🧶 2:30 Poem Club!♥ 3:30 Men's Wood Workshop♥		International Women's Day 8 9:30 Zumba👯 10:15 Chronicles📖 11:00 Nail And Spa Day♥ 1:30 Ring Toss👯 2:30 Arts And Crafts🧶 3:30 Karaoke Happy Hour🎵		Old People Are Cool Day 9 9:30 Chair Dance Exercise! 🧘 10:00 Coffee Social☕ 10:30 Daily Chronicle📖 1:30 Devotions ♥ 2:30 Dance Club🎵 3:30 Nail And Spa Day♥	
Ramadan Begins 10 9:30 Sunday Worship Music🎵 10:00 Church Service👤 11:00 Daily Chronicle📖 1:30 Bingo🎲 2:30 Pool Noodle Balloon Toss 3:30 Truth Or Dare♥		Take A Nap Day 11 9:00 Morning Yoga🧘 10:00 Acting Club♥ 11:00 Daily Chronicle📖 1:30 Board Game Workshops🎲 3:00 Movie And Popcorn♥ 3:30 Manicure Monday (All Day)		Plant a Flower Day 12 9:00 Coffee Social☕ 10:30 Pastor Bob Sermon 11:00 Daily Chronicle📖 1:30 Afternoon Trivia📖 2:30 Ice Cream Social♥ 3:30 Sing Along/ Finish That lyric🎵		Women in the Military Day 13 9:00 Walking Club!👯 10:00 Liz And Children🎵 11:00 Daily Chronicle📖 1:30 Lifelong Learning📖 2:30 Tea Party☕ 3:30 Story Time📖		March Madness Day 14 9:00 Coffee Social☕ 9:30 Morning Stretch 🧘 10:00 Pecan Ridge Music Club🎵 11:00 Daily Chronicle📖 1:30 Arts And Crafts 🧶 2:30 Poem Club!♥ 3:30 Men's Wood Workshop♥		Crazy About Crafts Day 15 9:30 Zumba👯 10:15 Chronicles📖 11:00 Nail And Spa Day♥ 2:00 St. Patrick's Day Celebration!♥ 2:30 Arts And Crafts🧶 3:30 Karaoke Happy Hour🎵		National Panda Day 16 9:30 Chair Dance Exercise! 🧘 10:00 Coffee Social☕ 10:30 Daily Chronicle📖 1:30 Devotions ♥ 2:30 Dance Club🎵 3:30 Nail And Spa Day♥	
St. Patrick's Day 17 9:30 Sunday Worship Music🎵 10:00 Church Service👤 11:00 Daily Chronicle📖 1:30 Bingo🎲 2:30 Pool Noodle Balloon Toss 3:30 Stand Up Comedy ♥		Employee Spirit Day 18 9:00 Morning Yoga🧘 10:00 Acting Club♥ 11:00 Daily Chronicle📖 1:30 Board Game Workshops🎲 3:00 Movie And Popcorn♥ 3:30 Manicure Monday (All Day)		First Day of Spring 19 9:00 Coffee Social☕ 9:30 Pet Therapy Pet Pals 🐾 10:30 Pastor Bob Sermon 11:00 Daily Chronicle📖 1:30 Afternoon Trivia📖 2:30 Ice Cream Social♥ 3:30 Sing Along/ Finish That lyric🎵		Ravioli Day 20 9:00 Walking Club!👯 10:00 Liz And Children🎵 11:00 Daily Chronicle📖 1:30 Lifelong Learning📖 2:30 A Day At The Park!🚗 3:30 Story Time📖		Aries the Ram Day 21 9:00 Coffee Social☕ 9:30 Morning Stretch 🧘 10:00 Pecan Ridge Music Club🎵 11:00 Daily Chronicle📖 1:30 Arts And Crafts 🧶 2:30 Poem Club!♥ 3:30 Men's Wood Workshop♥		Funny Friday! 22 9:30 Zumba👯 10:15 Chronicles📖 11:00 Nail And Spa Day♥ 1:30 Volleyball👯 2:30 Arts And Crafts🧶 3:30 Karaoke Happy Hour🎵		Chip and Dip Day 23 9:30 Chair Dance Exercise! 🧘 10:00 Coffee Social☕ 10:30 Daily Chronicle📖 1:30 Devotions ♥ 2:30 Dance Club🎵 3:30 Nail And Spa Day♥	
Palm Sunday 24 9:30 Sunday Worship Music🎵 10:00 Church Service👤 11:00 Daily Chronicle📖 1:30 Bingo🎲 2:30 Pool Noodle Balloon Toss 3:30 Indoor Soccer		Women's Empowerment Day 25 9:00 Morning Yoga🧘 10:00 Acting Club♥ 11:00 Daily Chronicle📖 1:30 Board Game Workshops🎲 3:00 Movie And Popcorn♥ 3:30 Manicure Monday (All Day)		Tech Tuesday 26 9:00 Coffee Social☕ 10:30 Pastor Bob Sermon 11:00 Daily Chronicle📖 1:30 Afternoon Trivia📖 2:30 Ice Cream Social♥ 3:30 Sing Along/ Finish That lyric🎵		Cherry Tree Day 27 9:00 Walking Club!👯 10:00 Liz And Children🎵 11:00 Daily Chronicle📖 1:30 Lifelong Learning📖 2:30 Cooking Class🍳 3:30 Story Time📖		Maundy Thursday 28 9:00 Coffee Social☕ 9:30 Morning Stretch 🧘 10:00 Pecan Ridge Music Club🎵 11:00 Daily Chronicle📖 1:30 Arts And Crafts 🧶 2:30 Poem Club!♥ 3:30 Men's Wood Workshop♥		Good Friday 29 9:30 Zumba👯 10:15 Chronicles📖 11:00 Nail And Spa Day♥ 1:30 Dance Club🎵 2:30 Easter Celebration!♥ 3:30 Karaoke Happy Hour🎵		Doctors' Day 30 9:30 Chair Dance Exercise! 🧘 10:00 Coffee Social☕ 10:30 Daily Chronicle📖 1:30 Devotions ♥ 2:30 Dance Club🎵 3:30 Nail And Spa Day♥	
Easter 31 9:30 Sunday Worship Music🎵 10:00 Church Service👤 11:00 Daily Chronicle📖 1:30 Bingo🎲 2:30 Pool Noodle Balloon Toss 3:30 21 Questions♥													



Barbara and Jim will celebrate 63 years of marriage this month!

Spring's Favorite Bird

The red-breasted robin is a familiar sign that spring is coming. Welcome the new season with these rockin' robin facts:

- As the weather warms, you'll see many robins returning from their winter homes, but not all robins migrate. They're just harder to see in winter, since they mostly stay nestled in the trees.
- American robins are the largest members of the thrush family of birds, which includes bluebirds and nightingales. Males and females are almost identical, but males tend to be more brightly colored.
- The idiom "the early bird gets the worm" definitely applies to robins. They're often spotted eating earthworms out of the ground during the morning hours. The birds also love berries, and at feeders, they prefer suet and mealworms to birdseed.
- Impressive singers, robins' best-known tune is their wake-up call of "cheer up, cheer up, cheerily." Dawn is their noisiest time, but they'll tweet throughout the day, and are among the last songbirds heard before sunset.
- Robins build their nests on tree branches and on the ground. Their pale blue eggs are so recognizable that there is a trademarked color called "robin's egg blue."
- The birds are very social and will roost in large groups. In some areas, a single flock can consist of a quarter million robins!
- The American robin is the state bird of Connecticut, Michigan and Wisconsin.
- In some Native American tribes, robins are symbols of peace and protection, and they are valued as hardworking and nurturing.



Meet our Awesome Staff!

Faridhai Villanueva

Executive Director

Annel Quesada

Sales Director

Bennie Dewberry Jr., CEC

Dining Director

Kevin Farr

Maintenance Director

Aneva McDaniel

Activity Director



Leprechaun Jokes To Make You Laugh!

Q: What do you call leprechauns who collect cans, bottles and cardboard boxes?

A: "Wee-cyclers!"

Q: Why are leprechauns so good at gardening?

A: Because they have green thumbs!

Q: What happened when the leprechaun walked in poison ivy?

A: He got a rash of good luck!

Q: What did the leprechaun say at the end of the soccer match?

A: "Game clover!"

